

CMSC 101 / IS 101Y – Fall 2014

Journal Entry 4: Academic Self-Management Questionnaire

Due Friday, October 10, 2014

Step 1: Complete Exercise 1.6 on page 13 of the Making Your Mark text.

Read or reread the section on High-Performance change beginning on page 12 of your Making your Mark (MYM) text. Take a few minutes to recall your academic habits in high school, how you organized your time, and the specific ways in which you took notes, organized materials, completed papers and projects, and prepared for exams. Once you have reflected on these habits, begin the survey on page 13. You will be rating each question twice—once to reflect how you really are (with X's) and then a second time using √'s to indicate how you would like to be during this semester here at UMBC. Remember, be honest as you respond.

Step 2: (30 points) Enter your responses online at:

https://www.surveymonkey.com/s/MYM_Questionnaire

Go to the site above and enter your responses. You will be entering them for how you are/were and then a second time for how you would like to be this semester. Be sure to read carefully and enter your responses accurately. We will be looking at the responses of the class as a whole to identify common areas where the class is strong as well as the academic self management areas that the class would like to grow and develop. None of your individual responses will be revealed—only group results!

Step 3 (40 points): Go to the course Bb site discussion board and enter your response to the following under the Academic Questionnaire thread:

Everyone has academic self-management skill areas that are strengths! You would not be here at UMBC if you were not already using some effective techniques. However, college level coursework will require that you further develop and refine your time management, organizational, note taking, and overall study techniques.

1. What are two areas on the questionnaire (time management, procrastination, etc...) in which you rated yourself highly—gave yourself a 6 or a 7?
2. What one area from the questionnaire do you want to most improve? Why did you pick this one?
3. How will improving in this area contribute to your overall success this semester or success in a particular class? Be specific.
4. What might prevent you from working to improve this area? Be as specific as possible.

Step 4 (30 points): Read the responses of your class mates and find someone who wants to improve in (has weakness) an area that you are strong. Write a response/reaction with a suggestion of a specific technique that works for you in that area since you are strong in and your classmate wants to improve.